St. Cronan's N.S., Rosemount, Roscrea, Co Tipperary www.stcronansnsrosemount.ie stcronansrosemount@gmail.com (0505) 21636

# Anti-Bullying Policy

1. In accordance with the requirements of the Education (Welfare) Act 2000 and the Code of Behaviour guidelines issued by the NEWB, the Board of Management of St. Cronan's N.S. Rosemount has adopted the following anti-bullying policy within the framework of the school's overall Code of Behaviour. This policy fully complies with the requirements of the Anti-Bullying Procedures for Primary and Post-Primary Schools which were published in September 2013.

http://www.education.ie/en/Publications/Policy-Reports/Anti-Bullying-Proceduresfor-Primary-and-Post-Primary-Schools.pdf

2. The Board of Management recognises the very serious nature of bullying and the negative impact that it can have on the lives of pupils and is therefore fully committed to the following key principles of best practice in preventing and tackling bullying behaviour:

# Key Elements of a Positive School Culture and Climate

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# (a) A positive school culture and climate which

- is welcoming of difference and diversity and is based on inclusivity;
- encourages pupils to disclose and discuss incidents of bullying behaviour in a non-threatening environment;
- promotes respectful relationships across the school community;

See Table A - Appendix 2

### Key Elements of a Positive School Culture and Climate

# (b) Effective leadership

# Refer to a series of the serie

The Code of Professional Conduct for Teachers

Anti-Sulfying Policy

Developing a Code of Behaviour: Guidelines for Schools

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# (c) A school-wide approach

- School management
- Staff
- Parents
- Pupils

# (d) A shared understanding of what bullying is and its impact

- · Definition of Bullying
- Types of Bullying
- Impact and Indicators of Bullying behaviour

#### Pages 9-13 of Circular

- (e) Implementation of education and prevention strategies (including awareness raising measures) that-
  - · build empathy, respect and resilience in pupils; and
  - explicitly address the issues of cyber-bullying and identity-based bullying including in particular, homophobic and transphobic bullying;
  - provides for effective supervision and monitoring of pupils; see supervision policy

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- (f) Effective supervision and monitoring of pupils
- (g) Supports for staff
- (h) Consistent recording, investigation and follow up of bullying behaviour (including use of established intervention strategies); and
- (i) On-going evaluation of the effectiveness of the anti-bullying policy.
- 3. In accordance with the Anti-Bullying Procedures for Primary and Post-Primary Schools bullying is defined as follows:

Bullying is unwanted negative behaviour, verbal, psychological or physical conducted, by an individual or group against another person (or persons) and which is repeated over time.

The following types of bullying behaviour are included in the definition of bullying:

- deliberate exclusion, malicious gossip and other forms of relational bullying,
- cyber-bullying
- identity-based bullying such as homophobic bullying, racist bullying, bullying based on a person's membership of the Traveller community and bullying of those with disabilities or special educational needs.

Isolated or once-off incidents of intentional negative behaviour, including a onceoff offensive or hurtful text message or other private messaging, do not fall within the definition of bullying and should be dealt with, as appropriate, in accordance with the school's code of behaviour.

NB. However, in the context of this policy, placing a once-off offensive or hurtful public message, image or statement on a social network site or other public forum

where that message, image or statement can be viewed and/or repeated by other people will be regarded as bullying behaviour.

Negative behaviour that does not meet this definition of bullying will be dealt with in accordance with the school's code of behaviour.

Additional information on different types of bullying is set out in Section 2 of the Anti-Bullying Procedures for Primary and Post-Primary Schools.

#### Some Examples of bullying behaviours

General behaviours	<ul> <li>Harassment based on any of the nine grounds in the equality legislation e.g. sexual harassment, homophobic</li> </ul>
which apply to all	bullying, racist bullying etc.
types of bullying	Physical aggression
	Damage to property
	<ul> <li>Name calling</li> </ul>
	Slagging
	<ul> <li>The production, display or circulation of written words,</li> </ul>
	pictures or other materials aimed at intimidating another
	person
	Offensive graffiti
	Extortion
	Intimidation
	Insulting or offensive gestures
	The "look"
	Invasion of personal space
publication and solitor	A combination of any of the types listed.
Senting products to the sets	Denigration: Spreading rumors, lies or gossip to hurt a
Cyber	person's reputation
	<ul> <li>Harassment: Continually sending vicious, mean or</li> </ul>
	disturbing messages to an individual
	<ul> <li>Impersonation: Posting offensive or aggressive messages</li> </ul>
	under another person's name
	<ul> <li>Flaming: Using inflammatory or vulgar words to provoke an online fight</li> </ul>
reading in probabilities must be	Trickery: Fooling someone into sharing personal
GOOD HOLLING OF DECEMBER	information which you then post online
A STATE OF THE STA	Outing: Posting or sharing confidential or compromising
	information or images
	Exclusion: Purposefully excluding someone from an online
	<ul> <li>Gyber stalking: Ongoing harassment and denigration the</li> </ul>
	• Cyber stalking. Ongoing narassment and denigration the

- causes a person considerable fear for his/her safety Silent telephone/mobile phone call
- Abusive telephone/mobile phone calls
- Abusive text messages
- Abusive email
- Abusive communication on social networks e.g.
   Facebook/Ask.fm/ Twitter/You Tube or on games consoles
- Abusive website comments/Blogs/Pictures
- Abusive posts on any form of communication technology

# Identity Based Behaviours

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Including any of the nine discriminatory grounds mentioned in Equality Legislation (gender including transgender, civil status, family status, sexual orientation, religion, age, disability, race and membership of the Traveller community).

Homophobic and Transgender Outside Primary School RSE Remit See Attached page	<ul> <li>Spreading rumours about a person's sexual orientation</li> <li>Taunting a person of a different sexual orientation</li> <li>Name calling e.g. Gay, queer, lesbianused in a derogatory manner</li> <li>Physical intimidation or attacks</li> <li>Threats</li> </ul>	
Race, nationality, ethnic background and membership of the Traveller community	Discrimination, prejudice, comments or insults about colour, nationality, culture, social class, religious beliefs, ethnic or traveller background     Exclusion on the basis of any of the above	
	This involves manipulating relationships as a means of bullying. Behaviours include:	
	Malicious gossip	
Relational	Isolation & exclusion	
	Ignoring	
	Excluding from the group	
	Taking someone's friends away	
	"Bitching"	
	Spreading rumours	
	Breaking confidence	
	<ul> <li>Talking loud enough so that the victim can hear</li> </ul>	
	The "look"	
	<ul> <li>Use or terminology such as 'nerd' in a derogatory way</li> </ul>	
Sexual	<ul> <li>Unwelcome or inappropriate sexual comments or touching</li> </ul>	
	<ul> <li>Harassment: Adult/Children External Coaches should report to DLP</li> </ul>	

### Special Educational Needs, Disability

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- · Name calling
- Taunting others because of their disability or learning needs
- Taking advantage of some pupils' vulnerabilities and limited capacity to recognise and defend themselves against bullying
- Taking advantage of some pupils' vulnerabilities and limited capacity to understand social situations and social cues.

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- Mimicking a person's disability
- · Setting others up for ridicule
- 4. The relevant teacher(s) for investigating and dealing with bullying is (are) as follows

#### The Relevant Teachers in St Cronan's N.S. Rosemount are All Teachers

Although any teacher may act as a relevant teacher if circumstances warrant it, the DLP is the relevant teacher. Teachers should report incidents to Mrs Sharon Talbot DLP. Ms Ann Powell is Deputy DLP

5. The education and prevention strategies (including strategies specifically aimed at cyber-

bullying, homophobic and transphobic bullying) that will be used by the school are as follows (Section 6.5 of the Anti-Bullying Procedures for Primary and Post-Primary Schools):

### Education and prevention strategies

#### School-wide approach

- A school-wide approach to the fostering of respect for all members of the school community.
- The promotion of the value of diversity to address issues of prejudice and stereotyping and highlight the unacceptability of bullying behaviour.
- The fostering and enhancing of the self-esteem of all our pupils through both curricular and extracurricular activities. Pupils will be provided with opportunities to develop a positive sense of self-worth through formal and informal interactions.
- Whole staff professional development on bullying to ensure that all staff develops an awareness of what bullying is, how it impacts on pupils' lives and the need to respond to it-prevention and intervention.

- An annual audit of professional development needs with a view to assessing staff requirements through internal staff knowledge/expertise and external sources
- Professional development with specific focus on the training of all teachers
- School wide awareness raising and training on all aspects of bullying, to include pupils, parent(s)/guardian(s) and the wider school community. 9/6/2014 1<sup>st</sup> <u>Information Evening</u>
- Internet Safety Training for Parents and Staff 2018 and most recently September 2023
- Supervision and monitoring of classrooms, corridors, school grounds, school
  tours and extra-curricular activities. Non-teaching and ancillary staff will be
  encouraged to be vigilant and report issues to relevant teachers. Supervision will
  also apply to monitoring student use of communication technology within the
  school. See <u>Supervision Policy See</u> Appendix 3
- Involvement of the pupils in contributing to a safe school environment including when necessary a Buddy system,
  - Development and promotion of an Anti-Bullying code for the school-to be included in homework journals and displayed publicly in classrooms, in the staffroom and in the office of the school.
  - The school's anti-bullying policy is discussed with pupils and all
    parent(s)/guardian(s)s are given a copy as part of the Code of Behaviour of the
    school when enrolling their child. The policy will be on our website.
  - The implementation of regular whole school awareness measures on the promotion of friendship and bullying prevention
  - Encourage a culture of telling, with particular emphasis on the importance of bystanders. In that way pupils will gain confidence in 'telling'. This confidence factor is of vital importance. It should be made clear to all pupils that when they report incidents of bullying they are not considered to be telling tales but are behaving responsibly.
  - Ensuring that pupils know who to tell and how to tell, e.g.:
    - Direct approach to teacher at an appropriate time, for example after class.
    - Hand note up
    - Make a phone call to the school or to a trusted teacher in the school.
    - Letterbox for written complaints in the Hall
    - Get a parent(s)/guardian(s) or friend to tell on your behalf.
    - Administer a confidential questionnaire frequently to all pupils.
    - Ensure bystanders understand the importance of telling if they witness or know that bullying is taking place.
- Identify clear protocols to encourage parent(s)/guardian(s) to approach the school if they suspect that their child is being bullied in school. The protocol should be developed in consultation with parents.

 The Acceptable Use Policy in the school includes the necessary steps to ensure that the access to technology within the school is strictly monitored, and the pupils' use of mobile phones forbidden.

#### Implementation of curricula

 The full implementation of the SPHE curriculum including the RSE, Stay Safe, Walk Tall, and Weaving Wellbeing, Web wise Programs.

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- Continuous Professional Development for staff in delivering these programmes.
- School wide delivery of lessons on bullying from evidence based programmes, e.g.
   Stay Safe Programme and The Walk Tall Programme
  - School wide delivery of lessons on Relational aggression and Cyber Bullying
    Be Safe-Be Web wise and Web Wise Primary teachers' resources,
  - Delivery of the Garda SPHE Programmes at primary level. These lessons, delivered by Community Gardai, cover issues around personal safety and cyberbullying
  - The school will specifically consider the additional needs of SEN pupils with regard to programme implementation and the development of skills and strategies to enable all pupils to respond appropriately.
    - The school will implement the advice in "Sexual Orientation advice for schools" (RSE Primary, pg 5 of Informational Booklet for schools booklet).
    - Cyber Bullying & Internet Safety for Parents Ms Marion Flanagan. Sept. 2023

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### Links to other policies Appendix 3 me the conflict to state a sea was to

List school policies, practices and activities that are particularly relevant to bullying, e.g.

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- Code of Behaviour
- Child Protection Policy
- Supervision Policy
- Internet Acceptable Use Policy
- The School's Complaints Procedures

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6. Our school's procedures for investigation, follow-up and recording of bullying behaviour and the established intervention strategies used by the school for dealing with cases of bullying behaviour are as follows (see Section 6.8 of the Anti-Bullying Procedures for Primary and Post-Primary Schools):

### 6.8.9. Procedures for Investigating and Dealing with Bullying

The primary aim in investigating and dealing with bullying is to resolve any issues and to restore, as far as is practicable, the relationships of the parties involved (rather than to apportion blame);

The school's procedures must be consistent with the following approach. Every effort will be made to ensure that all involved (including pupils), parent(s)/guardian(s)) understand this approach from the outset.

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### Reporting bullying behaviour

- Any pupil or parent(s)/guardian(s) may bring a bullying incident to any teacher in the school.
- All reports, including anonymous reports of bullying, will be investigated and dealt with by the relevant teacher.
- Teaching and non-teaching staff such as secretaries, special needs assistants (SNAs), bus escorts, caretakers, cleaners must report any incidents of bullying behaviour witnessed by them, or mentioned to them, to the relevant teacher;

# Investigating and dealing with incidents: Style of approach (see section 6.8.9)

- In investigating and dealing with bullying, the teacher will exercise his/her
  professional judgement to determine whether bullying has occurred and how
  best the situation might be resolved;
- Parent(s)/guardian(s) and pupils are required to co-operate with any investigation
  and assist the school in resolving any issues and restoring, as far as is
  practicable, the relationships of the parties involved as quickly as possible;
- Teachers will take a calm, unemotional problem-solving approach.
- Where possible incidents should be investigated outside the classroom situation to ensure the privacy of all involved;
- All interviews should be conducted with sensitivity and with due regard to the rights of all pupils concerned. Pupils who are not directly involved can also provide very useful information in this way;
- When analysing incidents of bullying behaviour, the relevant teacher should seek answers to questions of what, where, when, who and why. This should be done in a calm manner, setting an example in dealing effectively with a conflict in a nonaggressive manner;

- If a group is involved, each member should be interviewed individually at first.
   Thereafter, all those involved should be met as a group. At the group meeting, each member should be asked for his/her account of what happened to ensure that everyone in the group is clear about each other's statements;
- Each member of a group should be supported through the possible pressures
  that may face them from the other members of the group after the interview by
  the teacher;
  - It may also be appropriate or helpful to ask those involved to write down their account of the incident(s)
- In cases where it has been determined by the relevant teacher that bullying behaviour has occurred, the parent(s)/guardian(s) of the parties involved should be contacted at an early stage to inform them of the matter and explain the actions being taken (by reference to the school policy). The school should give parent(s)/guardian(s) an opportunity of discussing ways in which they can reinforce or support the actions being taken by the school and the supports provided to the pupils;
- Where the relevant teacher has determined that a pupil has been engaged in bullying behaviour, it should be made clear to him/her how he/she is in breach of the school's anti-bullying policy and efforts should be made to try to get him/her to see the situation from the perspective of the pupil being bullied;
- It must also be made clear to all involved (each set of pupils and parent(s)/guardian(s)) that in any situation where disciplinary sanctions are required, this is a private matter between the pupil being disciplined, his or her parent(s)/guardian(s) and the school;

#### Follow up and recording

- In determining whether a bullying case has been adequately and appropriately addressed the relevant teacher must, as part of his/her professional judgement, take the following factors into account:
  - Whether the bullying behaviour has ceased;
  - Whether any issues between the parties have been resolved as far as is practicable;
  - -Whether the relationships between the parties have been restored as far as is practicable;
  - -Any feedback received from the parties involved, their parent(s)/guardian(s)s or the school Principal or Deputy Principal
- Follow-up meetings with the relevant parties involved should be arranged separately with a view to possibly bringing them together at a later date if the pupil who has been bullied is ready and agreeable.
- Where a parent(s)/guardian(s) is not satisfied that the school has dealt with a bullying case in accordance with these procedures, the parent(s)/guardian(s) must be referred, as appropriate, to the School's Complaints Procedures.
- In the event that a parent(s)/guardian(s) has exhausted the school's complaints procedures and is still not satisfied, the school must advise the

parent(s)/guardian(s) of their right to make a complaint to the Ombudsman for Children.

# Recording of bullying behaviour

It is imperative that all recording of bullying incidents must be done in an objective and factual manner.

The school's procedures for noting and reporting bullying behaviour are as follows:

Informal - pre-determination that bullying has occurred

- All staff must keep a written record of any incidents witnessed by them or notified to them. Consideration needs to be given to where the records will be made e.g. anti-bullying folder in each classroom. All incidents must be reported to the relevant teacher
- While all reports, including anonymous reports of bullying must be investigated and dealt with by the relevant teacher, the relevant teacher must keep a written record of the reports, the actions taken and any discussions with those involved regarding same
- The relevant teacher must inform the principal of all incidents being investigated.

Formal Stage 1-determination that bullying has occurred

- If it is established by the relevant teacher that bullying has occurred, the
  relevant teacher must keep appropriate written records which will assist
  his/her efforts to resolve the issues and restore, as far as is practicable,
  the relationships of the parties involved
- The school in consultation with the relevant teacher/s should develop a
  protocol for the storage of all records retained by the relevant teacher.
  Classroom folder, use DES template to record detail.

# Formal Stage 2-Appendix 4 (From DES Procedures)

The teacher must use the recording template at Appendix 3 to record the bullying behaviour in the following circumstances:

- a) In cases where he/she considers that the bullying behaviour has not been adequately and appropriately addressed within 20 school days after he/she has determined that bullying behaviour occurred;
- b) Our school has decided as part of its anti-bullying policy that bullying behaviour must be recorded and reported immediately to the Principal or Deputy Principal in the following circumstances

- A child has been a victim before
- Parents are alleging that a number of incidents have occurred
- A child has been accused of similar bullying behaviour

When the recording template is used, it must be retained by the relevant teacher in question in their class folder and a copy maintained by the principal. A copy is also kept in the child's folder in the Principal's Office. resolved an arm moderning president architecture provide not care became a logicul arti

- These records are kept until the child is 18 + 5,
- Staff and Principal will have access to them and if necessary Parents will be given a copy of these wriiten accounts

### Established intervention strategies

- Teacher interviews with all pupils
- and our half and a fragment of the Allego Negotiating agreements between pupils and following these up by monitoring progress. This can be on an informal basis or implemented through a more structured mediation process
- Working with parent(s)/guardian(s)s to support school interventions
- No Blame Approach
- Circle Time
- Restorative interviews
- Restorative conferencing

The Procedures mention the following intervention strategies and reference Ken Rigby: Horacona man Paganinas Track

www.bullyingawarenessweek.org/pdf/BullyingPreventionStrategiesinSchools Ken Rigby.pdf

- The traditional disciplinary approach
- Strengthening the victim
- Mediation
- Restorative Practice
- The Support Group Method
- The Method of Shared Concern
- 7. The school's programme of support for working with pupils affected by bullying is as follows
  - All in-school supports and opportunities will be provided for the pupils affected by bullying to participate in activities designed to raise their self-esteem, to develop friendships and social skills and build resilience e.g.
    - Pastoral care
    - Information Evening for Pupils and Parents

# - Group work such as circle time

- If pupils require counselling of further supports the school will endeavour to liaise with the appropriate agencies to organise same, NEPS. This may be for the pupil affected by bullying or involved in the bullying behaviour.
- Pupils should understand that there are no innocent bystanders and that all incidents of bullying behaviour must be reported to a teacher.

# 8. Supervision and Monitoring of Pupils

The Board of Management confirms that appropriate supervision and monitoring policies and

practices are in place to both prevent and deal with bullying behaviour and to facilitate early intervention where possible. The Supervision Policy and Code of Behaviour was reviewed in conjunction with this Policy.

### 9. Prevention of Harassment

The Board of Management confirms that the school will, in accordance with its obligations under equality legislation, take all such steps that are reasonably practicable to prevent the sexual harassment of pupils or staff or the harassment of pupils or staff on any of the nine grounds specified i.e. gender including transgender, civil status, family status, sexual orientation, religion, age, disability, race and membership of the Traveller community.

- 10. This policy was adopted by the Board of Management in June 2014
- 11. This policy has been made available to school personnel, published on the school website, is accessible to parents and pupils on request and provided to the Parents'. A copy of this policy will be made available to the Department and the Patron if requested.
- 12. This policy and its implementation will be reviewed by the Board of Management once in every school year. Written notification that the review has been completed will be made available to school personnel, published on the school website and will be accessible to parents and pupils on request and provided to the Parents' Association. A record of the review and its outcome will be made available, if requested, to the Patron and the Department.

Signed: <u>bare</u> for full the Chairperson of BOM	Date: 7-5 - 2024
Chairperson of BOM	
Signed: Am Powell	Date: 7 512024
Secretary of BOM	